

Severe refractory Langerhans Cell Histiocytosis (LCH) in an infant with association of Haemophagocytic Lymphohistiocytic syndrome (HLH)

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Case Presentation

- A 10 month-old boy , the first child of non-consanguineous and healthy parents was admitted in our ward for further evaluation.
- presented with recurrent fever (>38.5°) and generalized sever echzematoid bleeding dermal rash,since 6 months ago
 Physical examination revealed splenomegaly, respiratory distress and also generalized edema.

















Diagnostic Lab data

WBC	1300/µl
Neut	32%
Hb	6.4g/dl
Hct	22 4
Plt	45000×10 /µl

TG	296 mmol/ml
Ferritin	800mg/dl
Fibrinogen	80mg/dl
Total protein	2.7 g/dl
Albumin	1.8 g/dl



• At very beginning patient was suspicious to suffer from an immune deficiency, hence peripheral CD flowcytometry and other tests were administered without any specific finding.

NBT	100%
IgG	449
lgA	71
IgE	8

CD18	CD 11a	CD11b	CD11c	CD56	CD4	CD8	CD418
NL	NL	NL	NL	NL	38	20	2



Laboratory Findings ending to Diagnosis

- Virological assay:
 - HCV : neg
 - HIV Ab : neg
 - HBS Ag : neg
 - HBSAB :> 200
 - CMV PCR :neg
 - EBVPCR :neg

- Electrolytes WNL
- SGOT: 15
- SGPT : 13
- T.BIL :0.9
- D.BIL : 0.4
- PT PTT: WNL
- CSF Analysis: Normal
- BG :O +
- Coombs : neg
- G6PD Sufficient
- BUN 11, Cr 0.4



Imaging

- Abdominopelvic ultrasonography revealed Splenomegaly, Liver had normal size and echo, other findings were not specific
- Normal bone survey in X-ray
- CXR and CT scan both revealed diffuse ground glass densities bilaterally





Bone Marrow Aspiration



ange without



Skin Biopsy

- Sections show skin tissue infiltrated by Langerhans cells with eosinophilic Cytoplasm, oval nuclei with Longitudinal groove. Some inflammatory cells are present
- IHC study
 - S100 : Positive
 - Pan CK :Negative
 - CD 68 Postive
 - CD 1a Positive
- Diagnosis : Langerhans cell histiocytosis of skin lesion



Table 1. Diagnostic criteria for HLH used in the HLH-2004 trial*

The diagnosis of HLH⁺ may be established:

A. Molecular diagnosis consistent with HLH: pathologic mutations of PRF1, UNC13D, Munc18-2, Rab27a, STX11, SH2D1A, or BIRC4

or

- B. Five of the 8 criteria listed below are fulfilled:
- Fever ≥ 38.5°C
- Splenomegaly
- 3. Cytopenias (affecting at least 2 of 3 lineages in the peripheral blood) Hemoglobin < 9 g/dL (in infants < 4 weeks: hemoglobin < 10 g/dL) Platelets < 100 × 10³/mL
 - Neutrophils $< 1 \times 10^{3}$ /mL
- Hypertriglyceridemia (fasting, > 265 mg/dL) and/or hypofibrinogenemia (< 150 mg/dL)
- 5. Hemophagocytosis in bone marrow, spleen, lymph nodes, or liver
- 6. Low or absent NK-cell activity
- 7. Ferritin > 500 ng/mL‡
- Elevated sCD25 (α-chain of sIL-2 receptor)§

*Adapted from Henter et al.7

†In addition, in the case of familial HLH, no evidence of malignancy should be apparent.

(‡Although the HLH-2004 protocol uses ferritin > 500 ng/mL, we generally view ferritin > 3000 ng/mL as concerning for HLH and ferritin > 10 000 as highly suspicious.⁸

§Elevations above age-adjusted, laboratory-specific normal levels (defined as

- > 2 SD from the mean) appear more meaningful than the original designation of
- > 2400 U/mL because of variations between laboratories.17



Table 1

Parameters Included in the Adapted HLH-2004 Guidelines and H-Score and the Number of Points Associated With Each Criterion for Scoring^a

Parameter		Adapted HLH-2004 Guidelines	H-Score
Fever (°C)		0 (<38.5) or <mark>1 (≥38.5)</mark>	0 (<38.4), 33 (38.4–39.4), or 49 (>39.4)
Splenomegaly		0 (not or 1 (yes)	
Organomegaly			0 (no), 23 (hepatomegaly or splenomegaly),
			or 38 (hepatomegaly and splenomegaly)
Cytopenia	5 out of 6 criteria	0 (one lineage) or 1 (two or three lineages) ^b	0 (one lineage), 24 (two lineages), or
	5 Out OF 6 Criteria		34 (three lineages) ^c 199 H-score POINTS
Ferritin (ng/mL)		0 (<500) or 1 (≥500)	0 (<2,00 <u>0), 35 (2,0</u> 00-6,000), or 50 (>6,000)
Triglycerides (m	mol/L)	0 (<3) or 1 (≥3)	0 (<1.5), 44 (1 5-4), or 64 (>4)
Fibrinogen (g/L)		0 (>1.5) or 1 (≤1.5) ^d	0 (>2.5) or 30 (<2.5
Hemophagocyto	osis in bone marrow	0 (no) pr 1 (yes)	0 (no) pr 35 (yes)
Aspartate amino	otransferase (IU/L)		0 (<30) or 19 (≥30)
	ng immunosuppression		0 (no) or 18 (yes)

HLH, hemophagocytic lymphohistiocytosis.

^aData are presented as number of points, with values in parentheses.

^bDefined as hemoglobin less than 90 g/L, platelets less than 100×10^9 /L, and neutrophils less than 1.0×10^9 /L.

°Defined as hemoglobin 92 g/L or less, platelets 110×10^9 /L or less, and leukocytes 5×10^9 /L or less.

^dThe point is not added if there is already one point for triglycerides.

France Debaugnies ,et al. Am J Clin Pathol 2016;145:862-870



Table 4

Sensitivity, Specificity, and Percentage of Accurate Classification for the Adapted HLH-2004 Guidelines and the H-Score With Adapted Cutoff in the Discrimination of Patients With HLH From Control Groups^a

	HLH Ch	ildren vs Cont	rol Group, %	HLH Adults vs Control Group, $\%$		
Characteristic	Sensitivity	Specificity	Accurate Classification	Sensitivity	Specificity	Accurate Classification
At initial presentation						
Adapted HLH-2004 guidelines (at least four of six criteria)	81	100	95	75	92	80
Adapted HLH-2004 guidelines (at least five of six criteria)	25	100	82	55	100	80
H-score >169	63	91	84	65	90	76
H-score >120	100	80	64	95	73	73
H-score >138	65	89	86	90	79	86
Maximal score value ^b						
Adapted HLH-2004 guidelines (at least four of six criteria)	88	93	92	90	73	78
Adapted HLH-2004 guidelines (at least five of six criteria)	44	100	88	80	96	91
H-score >169	81	89	88	90	73	78
H-score >141	100	88	90	95	56	69
H-score >185	69	91	86	85	88	87

HLH, hemophagocytic lymphohistiocytosis.

^aBold values represent the highest value of the sum of sensitivity and specificity.

^bMaximal score value was determined using the diagnostic confirmation data set consisting of extreme values reached during the episode for each parameter.

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Diagnosis

□ It is only a **Multisystemic-LCH** involving risk organs

□ It is a coincident of **Primary HLH** and **Multisystemic-LCH**

It is a **secondary HLH** due to **Multisystemic-LCH** involving risk organs



Immunologic and genetic workup of HLH

JORDAN et al ,BLOOD, 13 OCTOBER 2011 VOLUME 118, NUMBER 15

Table 4. Frequency of HLH-associated gene mutations by age in North American patients

	Age at referral	No. of HLH patients	PRF1	UNC13D	STXBP2	STX11	RAB27A	Mutation identified, %
	< 1 mo	58	16	5	0	0	0	45
Γ	2 mo to 1 y	100	23	15	1	0	0	39
	1-2 y	55	7	4	0	0	0	20
	> 2 y	263	7	3	2	2	1	6

Data from Judith Johnson and Kejian Zhang



Genetics and HLA testing

- A genetic analysis is not practical in all cases in developing countries, especially in case of suspected Treatment of HLH were initiated without requesting specific HLH mutation due to relating HLH to underlying LCH
- HOWEVER, ICIS MANUALORY IN CHIMICH WILLI.
 - CNS involvement,
 - relapsing/refractory disease,
 - disease with significant multiorgan involvement
 - children born to consanguineous parents/ with positive family history.



Treatment: First 6 weeks



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een size &edema al condition and respiratory

ibocytopenia of patient on CSA: EMA& Splenomegaly uming of CSA usage



Treatment:





Treatment: last 4weeks till now

Protocole:			Positive Points:	Negative Point	
• Continue H			olic screening assay suggested for Biotinidase deficiency: Decific assays has been requested		
			condition • Billirubin decreased to 1.5- 3mg/dl		Refractory Anemia & thrombocytopenia



Problem List

- Sever Multi system LCH refractory to treatment (skin,Spleen,liver,BM,Lung),No bone lesion
- Refractory HLH probably secondary to LCH ,OR coincidental primary HLH: looking forward of HLH Mutation evaluation & BRAF mutation
- Rapidly progressive Size and Hyperechogenisty of the liver + sever Hyperbilirubinemia + mild to moderate increase in LFT (transaminases ,PT and PTT) despite of the treatment (GI consultation proposed <u>possibility of Cirrhosis and</u> <u>recommended for liver biopsy</u>):
 - VP16,VINB, MTX,CSA were holded due to Hyperbilirubinemia
 - Metabolic Consultation proposed Biotinidase deficiency
- Refractory hypoalbuminemia in spite of Normal LFT & no evidence of proteinuria & no evidence of protein loosing entropahy(diarrhea,lymphopenia)



Discussion

- Coincidence of LCH and HLH (primary OR secondary)
- Coincidence of OR correlation between metabolic disorders and HLH
- Next steps of treatment: HLH/ refractory LCH /HLH & refractory LCH/ HSCT



co-existence of LCH and HLH

- Langerhans cell histiocytosis (LCH) is an inflammatory myeloid neoplasia characterized by the accumulation of CD1a+ CD207+ histiocytes.
- Hemophagocytic lymphohistiocytosis (HLH), a non-malignant histiocytic disorder, is typified by the accumulation and activation of CD8+ T cells and macrophages, which secrete high levels of proinflammatory cytokines.
- There are overlapping features between MS-LCH and HLH that make the clinical distinction between these disorders difficult
- The co-existence of LCH and HLH has been reported, albeit rarely, and is believed to be associated with a poorer outcome.

Blood 2016 128:707



Litterature review: coincidence of secondary HLH and LCHL,

Krstovski N, Jankovic S, Janic D. Turk J Pediatr 2014; 56: 452-457.

- A young girl who developed secondary HLH <u>while being treated</u> for relapsed multisystem LCH under the LCH III Protocol.
- She fulfilled 5 of 8 HLH-2004 criteria (fever, splenomegaly, pancytopenia, ferritin level >500 μ/l and sIL-2R >2400 IU/ml) and was successfully treated by the HLH-2004 Protocol for secondary HLH.
- She remains in good health, apart from insipid diabetes she developed as a complication of LCH.
- Considering that the occurrence of HLH in LCH patients has been reported before, the case history presented here yields additional support for the hypothesis that the pathogenesis of the two histiocytoses LCH and HLH may indeed overlap to a considerable extent.



- Of 384 MS-LCH patients, 44 (11%) were identified with HLH, ranging in age from 15 days to 20.6 years (median, 1.12 years).
 - 40/44 cases of MS-LCH patients who also had HLH were females (n=27) and had moon agovine city or phonistrony tosis (HLH) here an agovine there were females (n=27) and
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- The 3-year cumulative incidence of the source of the second sec
 - *14 Terrety 445% brettentententententententstagike) essitiant sot (eardand) with LCH diagnosis. LCH diagnosis.
- <u>Age <2 years</u>, <u>female gender</u>, <u>RO+ and lack of bone involvement at</u> <u>LCH diagnosis</u> were each independently associated with **increased risk for HLH**
- Ferritin levels appear to be lower in comparison to patients who develop HLH in other contexts.



• a case of a 4-month-old boy presenting with hypotonia. appeal and fever

	Pediatr Blood Cancer 2012;59:191-1						
BRIEF R Hemophagocytic Syndrome in a 4-Month							
Fatih Kardas, мо, ¹ Turkan Patiroglu, мо, ² Ekrem Unal, м	Fatih Kardas, мd, ¹ Turkan Patiroglu, мd, ² Ekrem Unal, мd, ² * Samuel C.C. Chiang, мsc, ³ Yenan T. Bryceson, Phd						
and Mustafa I	and Mustafa Kendirci, мd ¹						
Hemophagocytic syndromes such as hemophagocytic lymphohis-	was successfully treated with biotin-replacement therapy, upo						
tiocytosis (HLH) are life-threatening hyperinflammatory conditions	which the hemophagocytic syndrome ceased. Subsequent laborator						
caused by inherited or acquired immune disorders. Awareness of	evaluations revealed normal lymphocyte cytotoxicity and no muta						
the clinical symptoms and diagnostic criteria for hemophagocytic	tions in genes associated with familial HLH were found. Biotinidas						
syndromes is crucial to start timely life-saving therapy. We present	deficiency should be considered as a differential diagnosis of patien						
a case of a 4-month-old boy presenting with HLH. However, the	fulfilling HLH criteria. Pediatr Blood Cancer 2012;59:191–193.						
patient was subsequently diagnosed with biotinidase deficiency and	© 2011 Wiley Periodicals, Inc.						

 successfully treated with biotin-replacement therapy, upon which the hemophagocytic syndrome ceased.



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Treatment paradox

- The certainty that the infant was diagnosed with LCH may lead physicians to fail to notice the developing secondary HLH or regard its symptoms and signs to the underlying disease:
 - Delay in treatment of HLH which may be life threatening
- More to add some crucial symptoms and signs of HLH, such as cytopenias and heptosplenomegaly, are also attributable to LCH too :
 - Missing to treat the primary disease which keep secondary HLH active and refractory



Scenario 1: Treat as a refractory sever LCH

	From	n www. Moodicumed and by quest on Sentember 18, 2015. For name	natue	e only	
W1	W8-9			End Month 19-24	
Maintenance therapy	1				
Duration 21 days 2 -Cda 5 mg/m² 3 days	Duration 21 days 2 -Cda 5 mg/m² 3 days	Duration 6 months VBL and 5 days steroid every 2 two weeks: 12 courses AND 6 MP daily + MTX per os once a week]	Duration 1 year 6 MP daily + MTX per os once a week	
				or not i	

Oncology, CHU, Limoges, France; ⁸Pediatric Hémato Oncology, CHU, Rennes, France; ⁹Pediatric Hémato Oncology, CHU, Grenoble, France; ¹⁰Pediatric Hémato Oncology, Universitets Hospital of Aarhus at Skejby, Aarhus, Denmark; ¹¹Pediatric Hémato Oncology, Hopital Jean De Flandre, CHU, Lille, France; ¹²Pediatric Hematology Oncology, The Hospital for Sick Children, Toronto, ON, Canada; ¹³Department of Women's and Children's Health, Karolinska Institute, Karolinska University Hospital, Stockholm Sweden; and ¹⁴Department of Pediatric Oncology, Emma Children's Hospital/Academic Medical Center, Amsterdam, The Netherlands



Scenario 1: Treat as a refractory sever LCH

Langerhans Cell Histiocytosis (LCH): Guidelines for

centre (evidence: D, agreement: 2). Therapeutic options (evidence: C) include combination chemotherapy with cladribine (2-CdA) and cytarabine (Ara-C) [39] or hematopoietic stem cell transplantation using reduced intensity conditioning regimen [40]. If there is evidence of disease progression in "non-risk organs," treatment with 2-CdA as monotherapy [41] or even with further courses of a combination of VBL and steroids should be considered.

> group of experts involved in the Euro Histio Net project who participated in national or international studies and in peer reviewed publications. Existing guidelines were reviewed and changed where new evidence was available in the literature up to 2012. Data and

> > Key words: clinical work-up; diagnosis; follow-up; guidelines; Lan

In 2010, Badalian-Very et al. [53], reported somatic mutations of the BRAF oncogene in about half of the LCH patients in their series, and this finding was recently confirmed by other teams [54,55]. This discovery may have a significant potential impact if we consider the possibility of treating LCH with the new class of BRAF inhibitors. However, this promising discovery will need to be verified and concretized before these drugs can be used for treatment of LCH. The group(s) of LCH patients who may benefit from BRAF inhibitor treatment must be determined and balanced with toxicities as in the case of melanoma [56,57]. Knowledge about drug schedule and safety, especially long-term effects [57] and mechanisms of resistance [58] must be acquired.

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arraga, мD,³ Ev hD,⁷ Gritta Jan Van Gool, мD,¹ D, PhD⁴* and fo

Scenario 2: Treat as a refractory sever LCH

From bloodjournal.hematologylibrary.org by guest on October 14, 2011. For personal use only. How I treat

How I treat hemonhagocytic lymphohistiocytosis

Conclusion:

HLH is fatal and should be treated regardless of its cause

Children, Toronto, ON

BLOOD, 13 OCTOBER 2011 · VOLUME 118, NUMBER 15

patients with suspected familial or reactive HLH.

in all patients. Thus, initial treatment should not be delayed or altered based on these categories.



Scenario 2: continue to treat refractory HLH



Figure 6. Treatment strategy for HLH. An algorithm for HLH treatment strategies in various clinical contexts.





QUESTION:

May leaving LCH without treatment - as the primary cause of HLH- lead HLH process to remain active and refractory?

published experience of four therapeutics reported for using at least two patients with HLH refractory to dexamethasone and etoposide or methylprednisolone and ATG.

KEYWORDS: HLH; hemophagocytic lymphohistiocytosis; refractory HLH; salvage therapy

PMID: 27786410 DOI: <u>10.1002/pbc.26308</u>

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Multicenter study of combination DEP regimen as a salvage the [Blood. 2015]

Review Acute myeloid leukemia following etoposid [BMC Pediatr. 2016]

Review Rituximab, etoposide, methylprednis [J Med Case Rep. 2016]

See reviews...

See all...

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Conclusion:

- Coincidence of LCH and HLH is rare but confusing in diagnosis and management
- Metabolic disorders should be kept in mind in any cases of HLH
- Liver dysfunction and sever hyperbilirubinemia is a great barrier for conducting the protocols
- A new integrating or hybrid regimen may be needed to manage refractory secondary HLH due to sever refractory LCH, without systemic toxicities

